

Healthy Members and a Healthy Bottom Line



Engaging members in their health and wellness is the key to lowering healthcare spending and improving your bottom line. Population Health Management engages all members – from those that are just getting started, to those that are already taking steps to improve.

Health and Wellness Coaching

Our coaches are here to help members make positive changes. We offer multiple coaching opportunities to help members get the support they need, when they need it.



One-on-one phone coaching



Group coaching webinars



Self-directed digital coaching

Health Coaching for Chronic Conditions

Improving compliance for members with chronic conditions is at the core of our program. When we identify a member with a chronic condition, we reach out to them for support with managing their condition.



Chronic kidney disease



Chronic obstructive pulmonary disease (COPD)



Congestive heart failure



Coronary artery disease



Diabetes



High Blood Pressure

When employers choose the complete program, they introduce monitoring for an additional 13 conditions.



myHealthCenter

With myHealthCenter, members receive a personalized digital experience where they'll find all of their health information in one place.



Take a health assessment and get a complete health picture



Set health goals based on focus area



Explore digital coaching for fun, new ways to improve health



Access personal health records



Connect fitness devices and track progress



Get reminders, tips, and suggestions for improving health



Join social communities and share tips with others



Members can also download the mobile app to access health and wellness resources on-the-go.

Incentive Tracking

Employers have the choice of offering incentives to encourage participation in health and wellness activities. When incentives are offered, members can track their progress towards earning rewards using the myRewards tracker on myHealthCenter. Our incentive program monitors participation in a variety of different areas such as health assessment and biometric screenings, health and lifestyle coaching, activity tracking, preventive screenings, and tobacco cessation and weight management programs.

Want to learn more about how Population Health Management can help your members improve their health while improving your bottom line? Reach out to your EVHC sales executive or client manager.

