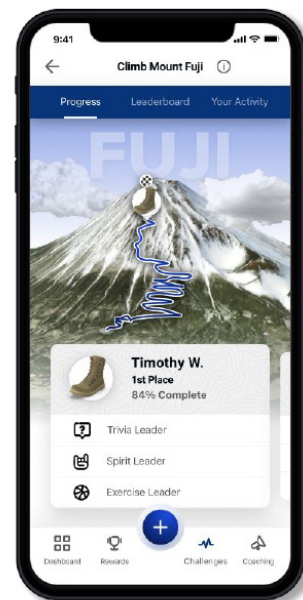# Achieve your best health on-the-go

With the ActiveHealth app you can:

- Complete your health assessment
- Check out your personalized health dashboard
- Join fun adventure challenges
- Connect your fitness devices and track your progress
- Get on-the-go coaching
- Keep track of important health actions

Plus, when you register on the mobile app, you'll be entered into a monthly drawing to win a $250 Amazon gift card.*

Better health has never been more rewarding.

What are you waiting for? Download the mobile app today by searching for ActiveHealth on the App Store or Google Play.

*Two random winners are selected each month this year. To qualify for the drawing, the member must have completed at least one of the actions specified above and be eligible for the employer's medical benefit plan administered by Trustmark Health Benefits at the time of the drawing. The odds of winning are dependent on the number of eligible entries each month and the number of the above actions completed. Winners must be 18 years or older.

Services are provided by ActiveHealth Management, Inc. ActiveHealth programs, care team and care managers do not diagnose or treat members. We assist you in getting the care you need, and our program is not a substitute for the medical treatment and/or instructions provided by your health care providers.

EVHC