

# myEVHC.com WELCOME

GET THE MOST OUT OF YOUR BENEFITS

### 2023-2024



### QUESTIONS? Call EVHC at {{877-877-3496}}

### **Need Help?**

### Visit myEVHC.com

Register for personalized information about your plan.



### Call Toll-Free

If you don't have computer access and need answers, call the number on your health plan ID card.



### **Mobile App**

Download the free app from the Apple or Google Play app store.

Changing the landscape of employer-based health plans

Welcome! Thank you for being an EVHC member. We understand that managing health plan benefits and controlling costs can be complicated. That's why we offer a member website and a dedicated team ready to help you understand your coverage, treatment options and more. We hope this guide helps make your health care experience easier. Contact us if you need help.

## **GETTING STARTED**

### Who is EVHC?

EVHC is your medical plan. To verify benefits or check the status of a claim, you will need to contact EVHC by calling the number on your ID card.

### Member ID Card

- Member ID and Group Number
- Your Copayment Amounts
- Prescription Coverage

### **Network Access**

When seeking care, your EVHC plan utilizes the {{Medical Network}} network of providers and facilities. Log into myEVHC for complete plan details.



### **Your Member ID Card**

Get to know your health plan ID card. It has information about you and your coverage. Remember to carry it with you wherever you go. When you visit your provider or pharmacy, show your card so they now how to bill for their services.

Log on to myEVHC.com for complete plan details. View health plan documents like your policy, riders, amendments, required notices and welcome materials.

# myEVHC.com **MEMBER PORTAL**

These days, people do their banking, pay bills and shop for just about anything online. It's secure, fast, easy and convenient. At EVHC, we believe accessing information about your health plan and managing your accounts should be no different. That's why we provide myEVHC.com, a personal online portal with access to detailed claims data, out-of-pocket expense tracking, dedicated customer support, and much more.



### {{2023-2024}}

### **Download the Mobile App**

Stay connected while you're on the go. Our mobile app lets you stay in control from anywhere. You can download our app for free from the App Store from Apple or Google Play. Just search for myEVHC Mobile.



### **Prepare for Your Visit**

In addition to the items above, be prepared to discuss any current health issues with your doctor. Get involved and be an active participant in your healthcare. Bring a list of questions you may have for your provider so you don't forget.



## **PROGRAMS TO HELP YOU**

Additional resources are available to EVHC members and their dependents. Get the most out of your benefits by taking advantage of these helpful programs.





### Know Where to Go

### When to use:

### Cost: \$

- When to use:
- Cost: \$\$

### When to use:

- Sprains and strains
- Small cuts that require stitches
- Minor burns

### When to use:

- Heavy bleeding •
- Large wounds Spinal injuries •
- Change in vision Severe head injury .
- Chest pain .
- Sudden weakness/ trouble speaking



- Maior Burns •
- . Breathing difficulty
  - Major broken bones

### Virtual Visits

See a doctor using your smartphone, tablet or computer. You can even get prescriptions sent to your local pharmacy. Copay or coinsurance may apply and registration is required.

### **Primary Care Physician**

Your PCP has access to your health records and provides preventive care, treats chronic conditions, manages medications and can steer you to a specialist if your plan requires a referral.

### **Urgent/Convenient Care**

When you need care quickly but it's not an emergency, urgent and/or convenient care centers can treat issues that aren't life-threatening.

### **Emergency Room**

The emergency room is for lifethreatening or very serious conditions that require immediate care. You may call 911 or local emergency number.

Cost and time information represent average only and are not tied to a specific condition, level of coverage or treatment. Your out-of-pocket costs will vary based on your plan details.

### Cost: \$\$\$

- Minor broken bones

# Understanding Your PHARMACY BENEFITS

Log on to myEVHC.com or {{www.caremark. com}} for more information about your pharmacy benefits. If you still have questions, call the member pharmacy number on your ID card.

With the {{CVS Caremark}} app on your smartphone or tablet, you can refill prescriptions, track your prescription history, compare medication pricing and options, search your prescription drug list (PDL) and more.



### **Filling Prescriptions**

Members can fill prescriptions in-person at the pharmacy with your EVHC ID card or, get your medications delivered directly to your door with flexible mail order options.

Save money on maintenance medications. Order up to a three-month supply of medications you take regularly

### Learn More:

{{www.myEVHC.com}} or, {{www.caremark.com}}

### Managing Your Pharmacy Benefits

- Your EVHC Healthcare plan's pharmacy benefits are managed by {{CVS Caremark}}
- Log on to myEVHC.com and click "My Links" to access your portal, or log on to {{www. caremark.com}} to register
- Manage your benefits on-thego, download the {{CVS Caremark}} mobile app

### **Using Your Pharmacy Benefits**

### 1. Transfer Current Medications

When you switch to a new plan, coverage for prescriptions you're already taking may change. Get information on how to continue to get your current medication or how to switch to a lowercost alternative. The {{CVS Caremark}} mobile app can also tell you if your medications are covered.

### 2. Check Your Prescription Drug List (PDL)

Your PDL is a list of covered medication. The list is broken into sections called tiers. Choosing medications in lower tiers may save you money. Check your PDL often.

### 3. Talk To Your Doctor

When you talk with your doctor, use the CVS Caremark app to confirm coverage and costs. You can also talk about what you need to do to get your medication.

### 4. Consider Generic Drugs

Generic medications usually have a lower copay than brand-name medications. Ask your doctor if there's a generic option for you.

### 5. Compare Prices

Search for lower-cost alternatives by logging into the {{CVS Caremark}} app.

### **Know Your Plan**

Your plan may require one or more of the following before you can fill your prescription:

- Prior Authorization: approval to get a medication
- Step Therapy: trying one medication before another
- Guantity Limits: getting a
   certain amount of each
   prescription

## **NOW THAT YOU'VE RECEIVED CARE**

## Explanation of Benefits (EOB)

We'll send you a copy of your Explanation of Benefits when you or one of your covered dependents use your health plan. You can see all claims processed for that period, plus your network and out-of-network balances and deductible information.

If you receive your Explanation of Benefits online, you'll get an email whenever a new EOB is posted. You can view your information and activity securely, at myEVHC.com.



### What's in your EOB?

- Member and Group Information: Your unique member and group information provides security. Be sure to check this information is correct.
- **Statement Period:** Your Explanation of benefits statement during a specific period of time. Check all dates for accuracy.
- Service Date(s): This is the date you received service from your provider or medical facility.
- What You May Owe: The amount you need to pay your healthcare provder if you didn't pay at the time of services and the portion that's applied to your deductible.

### **Your Benefits**



# GEVHC

### Contact us

**Phone:** {{877-877-3496}}

Member Website www.myEVHC.com

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